

**GLORY TO JESUS CHRIST!
SLAVA ISUSU CHRISTU!**

**GLORY FOREVER!
SLAVA NA V'IKI!**

SCHEDULE OF DIVINE SERVICES

HOLY CROSS MARCH 15 THIRD SUNDAY OF THE FAST	9:00am	+John Lokes (Estate)
Monday, March 16	9:00am	Lenten Matins
Tuesday, March 17	9:00am	Lenten Matins
Wednesday, March 18 NOTE THE TIME! --> AND PLACE	9:00am 7:00pm	Lenten Matins Liturgy of the Presanctified Gifts; St Ann Melkite Church, 802 Rifle Camp Road, Woodland Park; Repast to follow
Thursday, March 19	9:00am	Lenten Matins
Friday, March 20	12 noon	Liturgy of the Presanctified Gifts; Health & Blessings: Michael Gimon III by the Holy Name Society (<i>Cathedral</i>)
Saturday, March 21 4 th All Souls' Saturday	8:15-8:45 9:00am	Sacrament of Repentance (Confessions) Divine Liturgy, Panachida and Reading of Hramoty
FOURTH SUNDAY OF THE FAST MARCH 22	9:00am 11:00am	+Kevin J. Nahay by brother Michael R. Nahay Health & Blessings: Barbara DeBonte & Barbara Sage by Pat Ditzig & Family

WE REMEMBER IN PRAYER: *The Ill and homebound:* Fr. Marcel, Fr. Jody, Marion Beck, Paul Kozmoski, Michael Gimon jr and III, Michael Hrehovčik, Diane Rabiej, RJ Fedor, Lucille Filliman, Eva Croneberger, Donald Milne, Helen Rock, Ann Gupta, Deborah Kochbarski, Mary Maier, Vilma Babin, Margie Szost, Mary Kovach, Dorothy Pelak, Eleanor Chabra, Kenny Dec, Helen Popovich, Julia Lacek, Mary Ann Halik, Carson Kenworthy, Joanne Graf, Stella Madey, Conor Haag, Miguel Marrero, Diane Borowski, Gerald Kerzetski, Nancy Salch, Beth Savage, John Mihalecsko.
Our Seminarians: Deacon Paul West, Subdeacon Timothy Fariss and Alan Blehl (Archd. Phila.).

YOUR SACRIFICIAL OFFERINGS FOR MARCH 8: \$2246.00. Your parish relies on your regular attendance and consistent sacrificial offerings. **IT TAKES \$7000.00 each week to operate St Michael's Cathedral, Chapel, and Rectory and to provide ordinary services to parishioners.** Factoring in the income from the school lease *we still need \$3750 in offerings each week. This week we fell short by \$1504.00.* Our Lord challenges us to sacrifice from our substance, not skim off our surplus. "Put me to the test, says the LORD of hosts, and see if I do not open the floodgates of heaven for you, and pour down upon you blessing without measure!" (Malachi 3:10).

VIČNA LAMPA DEDICATIONS: March 8 -- 21: *At the Cathedral:* +Anna & Joseph Napovier by the Weinbrecht Family. *At the Chapel:* +John & Eleanor Vasel by son Bob. Call the parish office to reserve your two-week dedication periods for an offering of \$20.00. The Vična Lampa in both locations in fully booked for 2020.

ST MICHAEL'S CATHEDRAL FOOD PANTRY NEEDS YOUR SUPPORT every time you come to worship. We always need peanut butter, grape jelly, canned meat, rice, dry beans, and cereals (including oatmeal). We are overstocked on ramen and pasta. **THE GOAL: Every parishioner brings one item every Sunday.** Thank you to everyone who has responded!

THE SACRAMENT OF REPENTANCE: Please note special hours for confessions at the Cathedral. Confessions are always heard every Sunday from 8:15 to 8:45am at the Cathedral and from 10:30am to 10:45am at the Chapel, and one half hour before the Liturgy of the Presanctified in both locations. The law of the Church requires all Catholics to confess their sins at least once a year and receive Holy Communion at least once during Pascha.

GUIDELINES FOR FAST AND ABSTINENCE: All the faithful who approach Holy Communion are obliged to abstain from meat products on all Wednesdays and Fridays of the Great Fast; and to fast (reduced quantity of food) and to abstain from all meat, dairy and egg products on Clean Monday (February 24) and Great and Holy Friday (April 10). The traditional Byzantine fast prescribes abstinence from all animal products, wine, and olive oil for the duration of the Fast, with relaxations for wine, oil and fish on certain feast days and Sundays. All the faithful are encouraged to find a reasonably challenging fasting plan somewhere between the legal minimums and the full traditional observance.

ECF CLASSES for CHILDREN meet Sundays following the 11:00 Divine Liturgy at the Chapel. Dee Strawhand (646-436-4436 or deestrawhand@gmail.com) can answer any questions regarding ECF.

THE BETHANY MINISTRY PROJECT meets at the Cathedral on Saturday at 10am to train men and women to visit homebound or hospitalized parishioners as a ministry of consolation and Good News. **Please contact Deacon Tim for more information or to enroll in the training program:** dcntim@comcast.net or 732-423-7013. Adults of all ages are encouraged to consider this opportunity to fulfill Jesus' expectation that we "visit the sick" (Matthew 25:36).

BAKING FOR PASCHA: We'll make Kolači on Saturday, March 21, and Paska on Saturday, April 4. **Can you help??** To place orders or for any other information contact Vlasta at 201-370-2656 or 201-935-3395.

WEDNESDAY, MARCH 18: THE LITURGY OF THE PRESANCTIFIED will be served at St Ann's Melkite Church, 802 Rifle Camp Road, Woodland Park at 7pm, the third and final event of our annual Eastern Catholic Mission.

SPEND A PRAYERFUL WEEKEND IN TRENTON: St Mary's Parish in Trenton and St Nicholas Parish in Roebling will host nationally-known speaker Fr. Thomas Loya, Friday, March 20 through Sunday, March 22. Fr. Loya will preach at all Lenten services throughout the weekend. Enjoy a beautiful church with an exceptional choir! See flyers in vestibule or contact: 609-394-5004 or stmarybyzatholic@gmail.com for more information.

ANNUAL LENTEN FISH FRY: FRIDAY, APRIL 3, at the Chapel. Continuous service from 4:30pm. Take out available. Tickets available after Liturgies, at the Parish Office or at the door. Invite your friends and neighbors!

LEARN TO MAKE UKRAINIAN-STYLE PYSANKY with Jeanne Sanzo, Thursday, March 19, in the Cathedral Lower Hall (enter via Green Door), beginning at 10am. Bring a white egg, a soft pencil and a small cloth. There will be a nominal cost for supplies. Friends, family and guests are welcome!

WE WELCOME OUR NEWEST PARISHIONER: Maximus Andrew Groszew, born March 2. Congratulations to parents Andrea and Nicholas and to grandparents Dorothy & Andrew Mayernik and to big brother Michael.

RECENT IMPROVEMENTS: In the past month, we have upgraded outdoor lighting around the Cathedral, replaced the fire alarm system at the Chapel, and replaced the Chapel air conditioning system. Only your consistent, sacrificial offerings to your parish make these large ordinary expenditures possible.