

CATHEDRAL OF ST MICHAEL THE ARCHANGEL
passaiccathedral@gmail.com **973-777-2553**

Live streaming Liturgy: <https://www.youtube.com/channel/UCfGN9bRHQ2BbVvjI5sLQPIg>

DIVINE SERVICES LIVE STREAMING ONLINE THIS WEEK

FOURTH SUNDAY OF THE FAST MARCH 22	9:00am	+Kevin J. Nahay by brother Michael R. Nahay <i>and</i> Health & Blessings: Barbara DeBonte & Barbara Sage by Pat Ditzig and Family.
Wednesday, March 25	7:00pm	ANNUNCIATION TO THE THEOTOKOS Vespers with Divine Liturgy +Lorraine Wieczorek by the Wieczorek & Horvath Families
Friday, March 27	12 noon 7:00pm	Liturgy of the Presanctified Gifts; +Ann Petrasek (40 th day) Akathist Hymn to the Theotokos
AKATHIST SATURDAY March 28	9:00am 10:00-noon	Health & Blessings: Antonio Valladares by the Strawhand Family Sacrament of Repentance (Cathedral)
FIFTH SUNDAY OF THE FAST MARCH 29	9:00am	ST MARY OF EGYPT +John Chanda by wife, Mary <i>and</i> Health & Blessings: Capt. William MacDonald with Moleben by Karen Kochbarski

WE REMEMBER IN PRAYER: *The Ill and homebound:* Fr. Marcel, Fr. Jody, Mary Kurucz, Marion Beck, Paul Kozmoski, Michael Gimon jr and III, Michael Hrehovčik, Diane Rabiej, RJ Fedor, Lucille Filliman, Eva Croneberger, Donald Milne, Helen Rock, Ann Gupta, Deborah Kochbarski, Mary Maier, Vilma Babin, Margie Szost, Mary Kovach, Dorothy Pelak, Eleanor Chabra, Kenny Dec, Helen Popovich, Julia Lacek, Mary Ann Halik, Carson Kenworthy, Joanne Graf, Stella Madey, Conor Haag, Miguel Marrero, Diane Borowski, Gerald Kerzetski, Nancy Salch, Beth Savage, John Mihalecko.

Our Seminarians: Deacon Paul West, Subdeacon Timothy Fariss and Alan Blehl (Archd. Phila.).

YOUR SACRIFICIAL OFFERINGS FOR MARCH 15: \$2498.00. Your parish relies on your regular attendance and consistent sacrificial offerings. **IT TAKES \$7000.00 each week** to operate St Michael's Cathedral, Chapel, and Rectory and to provide ordinary services to parishioners. Factoring in the income from the school lease we still need \$3750 in offerings each week. **This week we fell short by \$1252.00.** Our Lord challenges us to sacrifice from our substance, not skim off our surplus. "Put me to the test, says the LORD of hosts, and see if I do not open the floodgates of heaven for you, and pour down upon you blessing without measure!" (Malachi 3:10).

VIČNA LAMPA DEDICATIONS: March 22 – April 4: *At the Cathedral:* +Anna, Fred, Fred Jr. & Nancy Chastek by the Galiger family. *At the Chapel:* +Anthony Migliaccio by Diana Migliaccio & family. The Vična Lampa in both locations is fully booked for 2020.

SACRAMENT OF REPENTANCE: Confessions will be heard this Saturday between 10am and noon. The Cathedral will be open for private prayer from 9am until noon. The law of the Church requires all Catholics to confess their sins at least once a year and receive Holy Communion at least once during Pascha.

BAKING FOR PASCHA: We'll make Paska on Saturday, April 4. To place orders or for any other information contact Vlasta at 201-370-2656 or 201-935-3395. **Deadline for orders is Monday, March 30!!!**

COVID-19 MEASURES: By mandate of our Bishop, St Michael's Cathedral is closed for public liturgical services. **ST MICHAEL'S CATHEDRAL PARISH REMAINS OPEN FOR PRAYER, WORSHIP, LEARNING AND SERVICE.**

1. Divine Liturgies and other weekday services are being live-streamed. Copy and paste this URL to your browser: <https://www.youtube.com/channel/UCfGN9bRHQ2BbVvjI5sLQPIg>
2. The Office is open weekdays from 9:30 to 1:30 for all your needs.
3. The Cathedral is open for private prayer weekdays from 9:30 – 1:30 and at other times by appointment. Just call.
4. Set aside a prayer time and prayer place in your home. This is a great opportunity to rediscover family prayer.
5. Do you have children? Congratulations! You're now a home-schooler! Set aside some time each week to work through your child's ECF text, the lives of the saints, or one of our parish's home school texts. Call or email the Office to obtain the Home School text for Lent and Pascha if you don't yet have one from 2017. Call or email the Office for more recommendations of available books for study with children.
6. The Food Pantry is open and continues to serve our neighbors. Please continue to support the Food Pantry. We always need peanut butter, grape jelly, canned meat, rice, dry beans, spaghetti, chef Boyardee, mac and cheese, and cereals (including oatmeal). You may deliver to the Food Pantry during office hours or by appointment.
7. Watch our Website and Facebook page for updates and links to spiritual enrichment and information.
8. Stay connected!!!! If you are not receiving emails from your parish, email us and you will be added to the list.
9. The Cathedral will be open for Confessions and private prayer on Saturdays between 10am and noon.
10. Please set aside your weekly sacrificial offering just as you would if you were physically coming to worship. Mail or deliver your offerings every few weeks until the restrictions are lifted and public worship resumes.
11. Pray for each other and support each other by phone calls, emails and offers of help.
12. Father Jack is available for communion calls to housebound parishioners. For the moment, nursing homes are off-limits, and hospital visits may be restricted to absolute emergencies. Catholic hospital chaplains should be available on-site for such emergencies. Call the Office and Father will do as much as he is allowed to do.

LITURGICAL SERVICES THIS WEEK:

Wednesday, March 25, is the feast of the Annunciation, the moment when Mary accepted the Good News inviting her to become the Mother of God and the moment when God's Son was conceived as a human being in her womb. This feast is of such importance that the Divine Liturgy is celebrated even though it falls on a Lenten weekday.

The Akathist Hymn to the Theotokos celebrates the twin mysteries of our faith: God became Man and a Virgin became His Mother. In 24 stanzas drawn from the Scriptures we review the Incarnation of God's Son and the ongoing role of the Mother of God in the life of the Church.

Please do not let this rich week pass you by. The end of the Fast is in sight. Your lifestyle has already been upset by the Corona Virus. Use this opportunity to build more prayer, worship and Scripture into your day. Unplug from the bad news and resist the temptation to worry by connecting with the Lord in prayer, worship, study, and charity.

GUIDELINES FOR FAST AND ABSTINENCE: All the faithful who approach Holy Communion are obliged to abstain from meat products on all Wednesdays and Fridays of the Great Fast; and to fast (reduced quantity of food) and to abstain from all meat, dairy and egg products on Clean Monday (February 24) and Great and Holy Friday (April 10). The traditional Byzantine fast prescribes abstinence from all animal products, wine, and olive oil for the duration of the Fast, with relaxations for wine, oil and fish on certain feast days and Sundays. All the faithful are encouraged to find a reasonably challenging fasting plan somewhere between the legal minimums and the full traditional observance.