

CATHEDRAL OF ST MICHAEL THE ARCHANGEL
passaiccathedral@gmail.com **973-777-2553**
DIVINE WORSHIP THIS WEEK

FOURTH SUNDAY OF THE FAST MARCH 14	8:15am 9:00am 11:00am	Matins: The Church's Morning Prayer (<i>Livestream</i>) Divine Liturgy: +Allen Glagola (<i>Livestream</i>) Divine Liturgy: +Paul Sedlak, +Paul Vasil (<i>Chapel</i>)
Monday March 15	9:00am	Lenten Matins
Tuesday March 16	9:00am	Lenten Matins
Wed. March 17 <i>Abstinence from Meat</i>	9:00am 7:00pm	Lenten Matins GREAT CANON OF ST ANDREW OF CRETE (<i>Chapel</i>) (<i>Livestream</i>)
Thursday March 18	9:00am	Lenten Matins
Friday March 19 <i>Abstinence from Meat</i>	11:45am 7:00pm	Liturgy of the Presanctified: +John Lokes (Estate) (<i>Livestream</i>) AKATHIST HYMN TO THE THEOTOKOS (Cathedral) (<i>Livestream</i>)
Sat. March 20	XXXXXX	No Divine Services (<i>Eparchial Pre-Cana Program</i>)
FIFTH SUNDAY OF THE FAST MARCH 21	8:15am 9:00am 11:00am	Matins: The Church's Morning Prayer (<i>Livestream</i>) Divine Liturgy: (<i>Livestream</i>) Divine Liturgy: +John G. Duch; Health & Blessing: Ditzig Fam. (<i>Chapel</i>)

WE REMEMBER IN PRAYER: *The Ill and homebound:* Fr. Marcel, Fr. Jody, Robert Gelenius, Loretta Sagan, Michael Lysak, Alex Panzano, Julian Letchworth, Joan Barat, Sonia Kochbarski, Julia Duch, Helen Rock, Marion Beck, Michael Hrehovčik, Diane Rabiej, RJ Fedor, Lucille Filliman, Eva Croneberger, Donald Milne, Ann Gupta, Deborah Kochbarski, Vilma Babin, Mary Kovach, Eleanor Chabra, Kenny Dec, Helen Popovich, Carson Kenworthy, Joanne Graf, Stella Madey, Conor Haag, Miguel Marrero, Diane Borowski, Gerald Kerzetski, Nancy Salch, Ken Brino, John Mihalecsko. Veronica Durante, Beth Savage, Michael, Alissa (special intentions). **Preparing for Baptism:** Elowyn Violet LoBozzo. **Preparing for Matrimony:** Scott Berry & Tiffany Russo; Vincent Basile & Mary Rose Curcio, John Pesenti & Christine Turanchik.
Vocations: Subdeacons Timothy Fariss and Bryan Scotton

YOUR SACRIFICIAL OFFERINGS FOR MARCH 7: \$4724.00 (including \$460.00 in online donations).
IT TAKES \$7000.00 each week to fund all our operations. Factoring in the school lease, we need \$3750 in offerings each week. "Put me to the test, says the LORD of hosts, and see if I do not open the floodgates of heaven for you, and pour down upon you blessing without measure!" (Malachi 3:10). **We thank everyone who has made up "back" envelopes!**
MAKE YOUR SACRIFICIAL OFFERINGS ONLINE: Go to www.stmichaelsarchangel.org, click on the "Donate" button, and be directed to a safe, encrypted site. All online donations are recorded for tax purposes

VIČNA LAMPA DEDICATIONS: March 7 - 20: *At the Cathedral:* +James Berry by the Berry Family. *At the Chapel:* +John & Eleanore Vasel by son, Bob. The Vična Lampa burns for two weeks for an offering of \$20.00.
Call the Parish office to reserve your 2021 dedications.

ECF FOR CHILDREN IS AVAILABLE VIA ZOOM 10-11AM ON SATURDAYS (11-noon on holy days). Separate classes for preschool, elementary and middle school. For more information and to register contact: ecfpassaic@gmail.com. Our ECF program is now serving parishes throughout the Eparchy! We thank Dee Strawhand and Subdeacon Bryan for creating a quality program we can share with other parishes!

THE GREAT FAST IS A DAILY EVENT! LENTEN MATINS with a homily are served Monday through Thursday at 9am. **LITURGY OF THE PRESANCTIFIED** is served Wednesdays at 7pm at the Chapel and **Fridays at 11:45am at the Cathedral (note time change!).** Subscribe to our YouTube channel for a brief **daily Lenten livestream.**
THE FIFTH WEEK OF LENT INCLUDES TWO UNIQUE LITURGICAL SERVICES. On **Wednesday, March 17,** we serve the **Great Canon of Repentance** composed by St Andrew of Crete. This amazing poem reviews examples of repentance from the entire Bible, and the faithful respond with repeated penitential gestures of prostration. On **Friday, March 19,** we serve the **Akathist Hymn to the Theotokos,** the absolute jewel of Byzantine prayers to the Virgin Mary. In 24 stanzas of exquisite poetry, this hymn explores the twin mysteries of our faith: God became Man and a Virgin became His mother. The Hymn also celebrates the continuing presence of the Theotokos as Mother of the Church.
Upset your routine, break your habits, inconvenience yourself and attend these services. That's what Lent is.

LENTEN GUIDELINES: All the faithful who approach Holy Communion are obliged to abstain from meat products on all Wednesdays and Fridays of the Great Fast and to fast (reduced quantity of food) and to abstain from all meat, dairy and egg products on Clean Monday (February 15) and Great and Holy Friday (April 2). This is the minimum requirement.

The traditional Byzantine fast prescribes abstinence from all animal products, wine and olive oil for the duration of the Fast, with relaxations for wine, oil and fish on certain feast days and Sundays. All the faithful are encouraged to find a reasonably challenging fasting plan somewhere between the legal minimums and the full traditional observance.

In addition to fasting, a Lenten lifestyle includes intensified daily prayer, sacramental confession, and an increased active practice of charity with our time, attention, and material resources.

COME AND SEE a full color introduction to our Byzantine Catholic Church, is available in the Cathedral and Chapel vestibules. Please take one per household as a gift from the Eparchy. Is someone you know searching for God or looking for a Church? Take one for them too. At a distance? We'll gladly send you one (\$10.00 postpaid).
An introductory series on our Church based on this book is now being presented in installments on our You Tube channel. Look for "Come and See, A Series for Seekers."

ACCESS ALL OUR LIVE STREAM SERVICES AND CLASSES VIA OUR YOUTUBE CHANNEL:
<http://www.youtube.com/channel/UCfGN9bRHQ2BbVvj15sLQPIg>. No computer? Listen LIVE on your phone. Dial 551-299-2990, enter pin 1234# when prompted, and you will be connected to the audio.

A PASCHAL CHALLENGE FOR OUR FOOD PANTRY: From now until Palm Sunday, Fr. Jack invites EVERY parish household to donate one or more canned hams (any brand) weighing at least 1lb. Must be canned (we have no refrigeration) and must be here by Palm Sunday. Meanwhile we can always use 1 or 2 lb bags of rice and beans, peanut butter, grape jelly, canned fruit, vegetables, and meat, hearty soups, spaghetti, cereals, oatmeal, and mac and cheese. You may leave donations in the Cathedral vestibule; at the Chapel, please place them in Fr. Jack's trunk (blue Subaru). **VOLUNTEERS ARE STILL NEEDED to help distribute food Tuesdays between 9:30 and 11am. Call, email or talk to Fr. Jack in person. WILL YOU RESPOND TO THE HAM CHALLENGE????**

OUR BAKERS NEED YOUR HELP to make kolači and paska and to clean up. All baking activities take place in the Lower Hall kitchen at the Cathedral. **PASKA:** (large raisin, small raisin, large plain, small plain) will be baked **Saturday, March 27.** Cost - large \$6; small \$4. **Order deadline is March 22.** To order, contact Vlasta Berry at 201-370-2656.