

**DIVINE WORSHIP THIS WEEK**

*All services at St Michael's Cathedral unless otherwise noted*

**ACCESS ALL OUR LIVE STREAM SERVICES AND CLASSES VIA OUR YOUTUBE CHANNEL:**  
<http://www.youtube.com/channel/UCfGN9bRHQ2BbVvj5sLQPIg>.

<b>TENTH SUNDAY AFTER PENTECOST AUGUST 1</b>	8:15am 9:00am 11:00am	Matins ( <i>Livestream</i> ) Divine Liturgy +José Gonzalez ("Pete") ( <i>Livestream</i> ) Divine Liturgy: +Mary Hariton ( <i>with Panachida by Karen Kochbarski (Chapel)</i> ) <b>Beginning of the Spasovka Fast</b>
Monday August 2	8:00am	+Margaret Szost with Panachida by Irene Vasil
Tuesday Aug 3	8:00am 7:00pm	+Michael & Helen Gimon by Michael & Adele Gimon Paraklis Service to the Theotokos ( <i>Chapel</i> ) ( <i>Livestream</i> )
Wed. Aug 4	<b>XXXXX</b>	<b>No Divine Services</b>
Thursday, Aug 5	7:00pm	Vigil Liturgy for the Transfiguration with blessing of first fruits (Chapel)
<b>FRIDAY AUGUST 6</b>		<b>TRANSFIGURATION</b>
	9:00am	Divine Liturgy for the Transfiguration and blessing of first fruits ( <i>Livestream</i> )
Saturday, Aug 7	8:00am	+Bishop Andrew by the Rosary Society
<b>ELEVENTH SUNDAY AFTER PENTECOST AUGUST 8</b>	8:15am 9:00am 11:00am	Matins ( <i>Livestream</i> ) Divine Liturgy +Viera Barna by Vlasta Berry; Health & Blessings Julian Letchworth ( <i>Livestream</i> ) Divine Liturgy: +Karen Hrina ( <i>with Panachida by Michael Hrina</i> ) ( <i>Chapel</i> )

**WE REMEMBER IN PRAYER: *The Ill and homebound:*** Fr. Marcel, Fr. Jody, Sr, Teresa, Joseph Napovier, Teresa Onufer, Barbara Frazier, Robert Gelenius, Loretta Sagan, Michael Lysak, Alex Panzano, Julian Letchworth, Joan Barat, Julia Duch, Helen Rock, Michael Hrehovčik, Diane Rabiej, RJ Fedor, Lucille Filliman, Eva Croneberger, Donald Milne, Ann Gupta, Deborah Kochbarski, Vilma Babin, Mary Kovach, Eleanor Chabra, Kenny Dec, Helen Popovich, Barbara MacDonald, Carson Kenworthy, Joanne Graf, Stella Madey, Conor Haag, Diane Borowski, Gerald Kerzetski, Nancy Salch, Ken Brino, John Mihalecko. Veronica Durante, Beth Savage, Michael, Alissa (special intentions), Kathleen and Francis Cunningham.  
**Preparing for Matrimony:** Scott Berry & Tiffany Russo. **Preparing for Chrismation:** Bryan Perez. **Vocations:** Subdeacons Timothy Fariss and Bryan Scotton

**YOUR SACRIFICIAL OFFERINGS FOR JULY 25: \$3679.00 (including \$381.00 in online donations).**

**IT TAKES \$7000.00 each week** to fund all our operations. *Factoring in the school lease, we need \$3750 in offerings each week.* "Put me to the test, says the LORD of hosts, and see if I do not open the floodgates of heaven for you, and pour down upon you blessing without measure!" (Malachi 3:10).

**MAKE YOUR SACRIFICIAL OFFERINGS ONLINE:** Go to [www.stmichaelsarchangel.org](http://www.stmichaelsarchangel.org), click on the "Donate" button, and be directed to a safe, encrypted site. All online donations are recorded for tax purposes

**VIČNA LAMPA DEDICATIONS:** July 25 – August 7: *At the Cathedral:* +John Chanda by wife Mary. *At the Chapel:* In Thanksgiving by Fr. Jack. The Vična Lampa burns for two weeks for an offering of \$20.00. *Only a few slots remain available in 2021. Call the Parish office to reserve yours!*

**IF THERE'S SUCH A THING AS A HAPPY FAST, THE SPASOVKA FAST IS IT.** It runs from August 1 through August 14 and seeks to prepare us spiritually for the feasts of our Lord's Transfiguration and the Dormition of the Theotokos. In different ways, both of these feasts point to the transformation God wants to achieve in our lives: to share His divine life with us and to raise us from the dead to live with Him forever. In our Metropolia the fast is voluntary but it's that time of year when gardens are overflowing with fresh produce and avoiding meat and dairy is so easy! Please consider adding at least Mondays and Wednesdays to your weekly Friday fast for the next two weeks. The Paraklis service to the Theotokos is the prayer that accompanies us through this Fast. Composed in the 11<sup>th</sup> century by St Theosteriskos, it asks the Mother of God to intercede for our physical and spiritual healing. Join us both weeks for this special prayer service and bring your intentions for spiritual and physical healing.

**AUGUST 6 IS THE FEAST OF THE TRANSFIGURATION OF THE LORD.** We will serve a Vespers Divine Liturgy at the Chapel on Thursday, August 5, and another Liturgy at the Cathedral on August 6. As is our custom, please bring the first fruits from your garden (or the grocery store) for a blessing. Grapes and plums are traditional but bring whatever you're growing and whatever you'll enjoy eating and sharing.

**REGULAR CONFESSION TIMES:** following the Saturday Divine Liturgy (around 8:45-9am). Confessions at the Cathedral may also be heard during Sunday Matins (around 8:30am). Simply approach the iconostas at the right corner of the Cathedral and wait to be noticed. At the Chapel, Confessions can always be heard after the 11am Divine Liturgy. Schedules and privacy make it impossible to hear confessions before the Liturgy at the Chapel. Confessions can also be heard by appointment. Simply call the parish office. The confessionals are not in use.

**LIFTING UP OUR ELDERS IN LOVE: THE CATHEDRAL ACCESSIBILITY PROJECT: So far, 4 parish households have found it in their hearts to offer \$10,000.00 or more toward making our Cathedral accessible.** Are there at least 6 more? **PLEDGED SO FAR: \$ 162,500.00**

**YOU MAY PAY WITH A CREDIT CARD.** Go to our webpage: [stmichaelsarchangel.org](http://stmichaelsarchangel.org), hit the "Donate" button and pull down the drop box in the online giving site by hitting "Giving." "Cathedral elevator project" is an option.

**OUR FOOD PANTRY is surviving week to week.** We need lots of rice, beans, cereal, canned meats, tuna, canned veggies, peanut butter, grape jelly, canned fruit, hearty soups, mac and cheese, spaghetti and tomato sauce. You may leave donations in the Cathedral vestibule; at the Chapel, please place them in Fr. Jack's trunk (blue Subaru). **Please don't come to worship empty-handed!**

**THE SLOATSBURG OTPUST IS BACK!** Make plans to spend Saturday, August 14 as a pilgrim on the beautiful grounds of the Sister Servants' monastery in nearby Sloatsburg NY for Akathist (1pm), spiritual talks (2pm), Divine Liturgy (5pm), Panachida (7:30pm) and Moleben (8pm). Featured clergy include Fr. Ed Cimbala, Fr. Joseph Bertha, and Bishop Kurt.

**WE EXTEND CONDOLENCES** to Adele Gimon and family on the sudden passing into eternal life of lifelong parishioner +Michael Gimon on July 27. Funeral arrangements will be announced via email once they have been finalized. May God grant His newly-departed servant +Michael, blessed repose and eternal memory.