

CATHEDRAL OF ST MICHAEL THE ARCHANGEL

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973-777-2553

DIVINE WORSHIP THIS WEEK

All services at St Michael's Cathedral unless otherwise noted.

Cathedral services are always livestreamed on Sundays and Holy Days.

SECOND SUNDAY OF THE GREAT FAST MARCH 13	8:15am 9:00am 11:00am	Matins Divine Liturgy for the Faithful: +Charles & Mary Kovach; Health & Blessings: Raymond Onufer (with Moleben by his family) Divine Liturgy for the Faithful: +Paul Sedlak Sr., +Helen & Frank Niewodowski (with Panachida by Mary Kovach) (Chapel)
Monday March 14	8:00am	Lenten Matins: Morning prayer with reading from the prophets and brief homily.
Tuesday March 15	8:00am	Lenten Matins
Wednesday March 16	8:00am 7:00pm	Lenten Matins Liturgy of the Presanctified: +John Lokes Estate (Chapel) Confessions immediately following the Liturgy.
Thursday March 17	8:00am	Lenten Matins
Friday March 18	12 noon	Liturgy of the Presanctified: +Fr. Jody by Karen Kochbarski
Third All Souls' Saturday, March 19	9:00am	Divine Liturgy with Panachida and Hramoty. Confessions immediately following the Liturgy.
SUNDAY OF THE HOLY CROSS MARCH 20	8:15am 9:00am 11:00am	Matins Divine Liturgy for the Faithful: +Helen & Frank Niewodowski; +Sophie & Joseph Onufer (with Panachida by the Onufer Family) Divine Liturgy for the Faithful: +Veronica Hripak (Chapel)

ACCESS ALL OUR LIVE STREAM SERVICES AND CLASSES VIA OUR YOUTUBE CHANNEL:

<http://www.youtube.com/channel/UCfGN9bRHQ2BbVvj5sLQPIg>.

WE REMEMBER IN PRAYER: Ill and homebound parishioners: Fr. Marcel, Patrice Amatrudi, Adele Petričko, Nadia Szanislo, John Vilchok, Jane Booth, Joseph Napovier, Teresa Onufer, Robert Gelenius, Julian Letchworth, Joan Barat, Julia Duch, Helen Rock, Michael Hrehovčik, Diane Rabiej, RJ Fedor, Lucille Filliman, Eva Croneberger, Ann Gupta, Vilma Babin, Mary Kovach, Kenny Dec, Helen Popovich, John Mihalecsko. **Friends who have asked for our prayers:** Deacon William, Sr. Teresa, Antonio, Oksana, Barbara, Carson, Joanne, Stella, Conor, Diane, Gerald, Nancy, Veronica, Beth Michael, Kathleen, Francis **Vocations:** Subdeacons Timothy Fariss & Bryan Scotton; Allen Blehl, Christian Frank, Joe Muir. **Expectant Mothers:** Soňa Halik, Michelle West.

EXTENDED HOURS FOR CONFESSIONS: Saturdays immediately following Divine Liturgy, Sundays during Matins (if the Gospel Book is on the tetrapod, Father is available; stand by the iconostas to be noticed); or following Divine Liturgy at the Chapel. Confessions may also be arranged by appointment.

VIČNA LAMPA DEDICATIONS: March 6 - 19: At the Cathedral: +Deceased of the Chan Family by Karen Philibert. *At the Chapel:* +Thomas & Helen Duch by Thomas & Cheryl Duch. Dedications \$20.00 for two weeks.

OUR FOOD PANTRY always needs cereal, oatmeal, rice, beans, canned meats, tuna, canned veggies, peanut butter, grape jelly, canned fruit, hearty soups, mac and cheese, spaghetti and tomato sauce. You may leave donations in the Cathedral vestibule; at the Chapel, please place them in Fr. Jack's trunk.

OUR LENTEN FISH FRY IS BACK! Friday, April 8 at the Chapel Social Hall. Eat in or take out. Watch for details in future bulletins. We need the help especially of our younger parishioners to set up, cook, serve and clean up. Anyone can be a customer. Be special: be a volunteer! Let Fr. Jack know you are willing to help.

YOUR SACRIFICIAL OFFERINGS FOR MARCH 6: \$4,200.00 (including \$876.00 in online donations).

IT TAKES \$7000.00 each week to fund all our operations. Factoring in the school lease, we need \$3750 in offerings each week. **MAKE YOUR SACRIFICIAL OFFERINGS ONLINE:** Go to www.stmichaelsarchangel.org, click on the "Donate" button, and be directed to a safe, encrypted site. All online donations are recorded for tax purposes.

HOW DIFFERENT IS LENT? We pray daily from the Triodion. The Divine Liturgy of St Basil is served on Sundays. The Divine Liturgy is served only on Saturdays and Sundays. We must abstain at least from meat at least on Wednesdays and Fridays and attend the Liturgy of the Presanctified Gifts. We pray more and more intensely. We deny ourselves and do charity. We seek forgiveness from those we have offended and extend forgiveness to those who have offended us. We avoid frivolous entertainment and cultivate a spirit of peaceful reflection. **How different will the Fast be for you? Challenge some habits, inconvenience yourself, try something new and different. If it doesn't upset your routine, it's not the Fast!**

LENTEN DIRECTIVES FROM OUR BISHOP "Our Tradition is to abstain from meat after Meatfare Sunday and from dairy products after Cheesefare Sunday until Pascha. The minimum requirements in the Eparchy of Passaic are: All who receive Holy Communion are required to abstain from meat on Wednesdays and Fridays of the Great Fast. All adults who receive Holy Communion are required to abstain from meat, eggs, and milk products on Clean Monday, February 28 and Great and Holy Friday, April 15."

THE LAW OF THE CHURCH REQUIRES ALL CATHOLICS TO MAKE A SACRAMENTAL CONFESSION AND RECEIVE HOLY COMMUNION AT LEAST ONCE A YEAR. The Fast is the best time for that confession. Even before COVID, fewer than 30 parishioners were confessing in this parish. Even if it's been years, it's never too late to return like the Prodigal to the Father who loves us. Every Roman Catholic parish in the Diocese of Paterson makes confession available Mondays from 7:00 to 8:30pm during Lent. Confession hours for this parish are included in the Lenten schedule you received and on our website. **A guide to preparing for Confession is available in the vestibule at both locations.**

SUPPORT FOR THE CHURCH IN UKRAINE: There will be a Metropolia-wide special collection for the Church in Ukraine on Sunday, March 20. You may contribute any time until that date. Simply mark your envelope "Ukraine" or choose the "Ukraine" tab under "Giving Types" via the "Donate" button on our website. **Please observe the deadline of March 20!**

EASTERN CHRISTIAN FORMATION FOR CHILDREN meets via Zoom on Saturdays at 10am (11am on All Souls' Saturdays). For information and to register contact: ecfpassaic@gmail.com.

YOU HAVE BEEN INVITED BY POPE FRANCIS TO PARTICIPATE IN THE UNIVERSAL SYNOD to be convened in Rome next October. Two weeks ago, you received an explanation of the Synodal process and a list of discussion questions. You are invited to participate in the discussion of those questions following the Divine Liturgies on Sunday, March 20 at the Chapel or Sunday, March 27 at the Cathedral. You may watch an introduction to the Synod by Dr. Joan Cebrick Grossman, our Eparchial Coordinator, here: <https://www.eparchyofpassaic.com/synod20212023>

NEWS FROM THE CATHEDRAL KITCHEN: KOLAČI: walnut, poppy seed, apricot, and lekvar rolls will be baked on **Saturday, March 26**. Deadline for orders is March 20. Cost is \$15 for whole; \$8 for half. **PASKA:** large raisin, small raisin, large plain, small plain will be baked **Saturday, April 9**. Deadline for orders is April 3. Cost is \$7 for large, \$4 for small. To order, text or call Vlasta Berry at [201-370-2656](tel:201-370-2656) or email vlasta.berry@gmail.com. Orders may be picked up **after** 3pm on the appropriate Saturday.