

**CATHEDRAL OF ST MICHAEL THE ARCHANGEL**  
**passaiccathedral@gmail.com 973-777-2553**

**DIVINE WORSHIP THIS WEEK**

*All services at St Michael's Cathedral unless otherwise noted.*

*Cathedral services are always livestreamed on Sundays and Holy Days.*

<b>SUNDAY OF THE HOLY CROSS MARCH 20</b>	8:15am	Matins
	9:00am	Divine Liturgy for the Faithful: +Helen & Frank Niewodowski; +Sophie & Joseph Onufer (with Panachida by the Onufer Family)
	11:00am	Divine Liturgy for the Faithful: +Veronica Hripak ( <i>Chapel</i> )
Monday March 21	8:00am	Lenten Matins: Morning prayer with reading from the prophets and brief homily.
Tuesday March 22	8:00am	Lenten Matins
Wednesday March 23	8:00am 7:00pm	Lenten Matins Liturgy of the Presanctified: +John Lokes Estate ( <i>Chapel</i> ) <b>Confessions immediately following the Liturgy.</b>
Thursday March 24	8:00am	Lenten Matins
<b>Friday March 25 ANNUNCIATION</b>	7:00pm	Vespers with Divine Liturgy for the Annunciation +Loretta Sagan by the Rosary Society
<b>Saturday, March 26 Synaxis of Archangel Gabriel</b>	9:00am	Divine Liturgy: For an end to Abortion offered by the Rosary Society Panachida and Hramoty for the Fourth All Souls' Saturday <b>Confessions immediately following the Liturgy.</b>
<b>FOURTH SUNDAY OF THE FAST MARCH 27</b>	8:15am	Matins
	9:00am	Divine Liturgy for the Faithful; Moleben: Surgent, Sapiga & Pohraničnaj Families by John & Steve Sedlak
	11:00am	Divine Liturgy for the Faithful: +Pauline & Michael Tkach

**ACCESS ALL OUR LIVE STREAM SERVICES AND CLASSES VIA OUR YOUTUBE CHANNEL:**

**<http://www.youtube.com/channel/UCfGN9bRHQ2BbVvj5sLQPIg>**

**WE REMEMBER IN PRAYER: *Ill and homebound parishioners:*** Fr. Marcel, Patrice Amatrudi, Adele Petričko, Nadia Szanislo, John Vilchok, Jane Booth, Joseph Napovier, Teresa Onufer, Robert Gelenius, Julian Letchworth, Joan Barat, Julia Duch, Helen Rock, Michael Hrehovčik, Diane Rabiej, RJ Fedor, Lucille Filliman, Eva Croneberger, Ann Gupta, Vilma Babin, Mary Kovach, Kenny Dec, Helen Popovich, John Mihalecsko. ***Friends who have asked for our prayers:*** Deacon William, Sr. Teresa, Bonaventure, Barbara, Carson, Joanne, Stella, Conor, Diane, Gerald, Nancy, Veronica, Beth Michael, Kathleen, Francis ***Vocations:*** Subdeacons Timothy Fariss & Bryan Scotton; Allen Blehl, Christian Frank, Joe Muir. ***Expectant Mothers:*** Soňa Halik, Michelle West.

**EXTENDED HOURS FOR CONFESSIONS:** Saturdays immediately following Divine Liturgy, Sundays during Matins (*if the Gospel Book is on the tetrapod, Father is available; stand by the iconostas to be noticed*); or following Divine Liturgy at the Chapel. Confessions may also be arranged by appointment.

**VIČNA LAMPA DEDICATIONS: *March 20 – April 2:*** At the Cathedral: +Frank, Mary & Allen Glagola by the DeKeukelaere Family. At the Chapel: +Michael & Dolores Hrina by Joyce, Michael & Richard Kozlowski. Dedications \$20.00 for two weeks.

**OUR FOOD PANTRY** always needs cereal, oatmeal, rice, beans, canned meats, tuna, canned veggies, peanut butter, grape jelly, canned fruit, hearty soups, mac and cheese, spaghetti and tomato sauce. You may leave donations in the Cathedral vestibule; at the Chapel, please place them in Fr. Jack's trunk.

**OUR LENTEN FISH FRY IS BACK! Friday, April 8 at the Chapel Social Hall.** Eat in or take out. Watch for details in future bulletins. We need the help especially of our younger parishioners to set up, cook, serve and clean up. Anyone can be a customer. Be special: be a volunteer! Let Fr. Jack know you are willing to help.

**YOUR SACRIFICIAL OFFERINGS FOR MARCH 13: \$2,683.00 (including \$380.00 in online donations).**

**IT TAKES \$7000.00 each week** to fund all our operations. Factoring in the school lease, we need \$3750 in offerings each week. **MAKE YOUR SACRIFICIAL OFFERINGS ONLINE:** Go to [www.stmichaelsarchangel.org](http://www.stmichaelsarchangel.org), click on the "Donate" button, and be directed to a safe, encrypted site. All online donations are recorded for tax purposes.

**THIS WEEK IN LENT:** Our Lenten journey pauses at an oasis: the feast of the Annunciation. This is the original Good News: God becomes man and a virgin says "Yes" to God's invitation, reversing the sinful "No!" of Eve, with all its consequences. We serve the Liturgy with Vespers in the evening and relax some of the restrictions of the Fast. ***Will you say "Yes" or "No"? Come out and worship! Challenge some habits, inconvenience yourself, try something new and different. If it doesn't upset your routine, it's not the Fast!***

**LENTEN DIRECTIVES FROM OUR BISHOP** "Our Tradition is to abstain from meat after Meatfare Sunday and from dairy products after Cheesefare Sunday until Pascha. The minimum requirements in the Eparchy of Passaic are: All who receive Holy Communion are required to abstain from meat on Wednesdays and Fridays of the Great Fast. All adults who receive Holy Communion are required to abstain from meat, eggs, and milk products on Clean Monday, February 28 and Great and Holy Friday, April 15."

**THE LAW OF THE CHURCH REQUIRES ALL CATHOLICS TO MAKE A SACRAMENTAL CONFESSION AND RECEIVE HOLY COMMUNION AT LEAST ONCE A YEAR.** The Fast is the best time for that confession. Even before COVID, fewer than 30 parishioners were confessing in this parish. Even if it's been years, it's never too late to return like the Prodigal to the Father who loves us. Every Roman Catholic parish in the Diocese of Paterson makes confession available Mondays from 7:00 to 8:30pm during Lent. Confession hours for this parish are included in the Lenten schedule you received and on our website. **A guide to preparing for Confession is available in the vestibule at both locations.**

**SUPPORT FOR THE CHURCH IN UKRAINE:** There will be a Metropolia-wide special collection for the Church in Ukraine on Sunday, March 20. You may contribute any time until that date. Simply mark your envelope "Ukraine" or choose the "Ukraine" tab under "Giving Types" via the "Donate" button on our website. **Please observe the deadline of March 20!**

**EASTERN CHRISTIAN FORMATION FOR CHILDREN** meets via Zoom on Saturdays at 10am (11am on All Souls' Saturdays). For information and to register contact: [ecfpassaic@gmail.com](mailto:ecfpassaic@gmail.com).

**LISTENING SESSION TODAY AT THE CHAPEL. YOU HAVE BEEN INVITED BY POPE FRANCIS TO PARTICIPATE IN THE UNIVERSAL SYNOD** to be convened in Rome next October. You have already received an explanation of the Synodal process and a list of discussion questions. You are invited to participate in the discussion of those questions following the Divine Liturgies on Sunday, March 20 at the Chapel or Sunday, March 27 at the Cathedral. You may watch an introduction to the Synod by Dr. Joan Cebrick Grossman, our Eparchial Coordinator, here: <https://www.eparchyofpassaic.com/synod20212023>

**NEWS FROM THE CATHEDRAL KITCHEN: KOLAČI:** walnut, poppy seed, apricot, and lekvar rolls will be baked on **Saturday, March 26.** Deadline for orders is March 20. Cost is \$15 for whole; \$8 for half. **PASKA:** large raisin, small raisin, large plain, small plain will be baked **Saturday, April 9.** Deadline for orders is April 3. Cost is \$7 for large, \$4 for small. To order, text or call Vlasta Berry at [201-370-2656](tel:201-370-2656) or email [vlasta.berry@gmail.com](mailto:vlasta.berry@gmail.com). Orders may be picked up **after 3pm** on the appropriate Saturday.