

CATHEDRAL OF ST MICHAEL THE ARCHANGEL
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DIVINE WORSHIP THIS WEEK

All services at St Michael's Cathedral unless otherwise noted.

Cathedral services are always livestreamed on Sundays and Holy Days.

FOURTH SUNDAY OF THE FAST MARCH 27	8:15am 9:00am 11:00am	Matins Divine Liturgy for the Faithful; Moleben: Surgent, Sapiga & Pohraničnaja Families by John & Steve Sedlak Divine Liturgy for the Faithful: +Pauline & Michael Tkach (<i>Chapel</i>)
Monday March 28	XXXXXX	No Divine Services Today
Tuesday March 29	8:00am	Lenten Matins: Morning prayer with reading from the prophets and brief homily
Wednesday March 30	8:00am 7:00pm	Lenten Matins Liturgy of the Presanctified: +Joseph Chromey by Joan Chromey (<i>Chapel</i>) Confessions immediately following the Liturgy.
Thursday March 31	8:00am 7:00pm	Lenten Matins Great Canon of Repentance by St Andrew of Crete (<i>Chapel</i>)
Friday April 1	12 noon	Liturgy of the Presanctified: Health & Blessings Mary Kovach Confessions immediately following the Liturgy.
Saturday, April 2	9:00am	Akathist Hymn to the Theotokos Confessions immediately following
FIFTH SUNDAY OF THE FAST APRIL 3	8:15am 9:00am 11:00am	Matins Divine Liturgy for the Faithful; +Frank & Helen Niewodowski, +Olga & Michael Boyko (with Panachida by the Onufer Family) Divine Liturgy for the Faithful: +Eugene Sidor, +Paul Vasil (with Panachida by Irene Vasil) (<i>Chapel</i>)

ACCESS ALL OUR LIVE STREAM SERVICES AND CLASSES VIA OUR YOUTUBE CHANNEL:

<http://www.youtube.com/channel/UCfGN9bRHQ2BbVvj5sLQPIg>

WE REMEMBER IN PRAYER: *Ill and homebound parishioners:* Fr. Marcel, Patrice Amatruđi, Adele Petričko, Nadia Szanislo, John Vilchok, Jane Booth, Joseph Napovier, Teresa Onufer, Robert Gelenius, Julian Letchworth, Joan Barat, Julia Duch, Helen Rock, Michael Hrehovčik, Diane Rabiej, RJ Fedor, Lucille Filliman, Eva Croneberger, Ann Gupta, Vilma Babin, Mary Kovach, Kenny Dec, Helen Popovich, John Mihalecsko. ***Friends who have asked for our prayers:*** Deacon William, Sr. Teresa, Barbara, Carson, Joanne, Stella, Conor, Diane, Gerald, Nancy, Veronica, Beth Michael, Kathleen, Francis ***Vocations:*** Subdeacons Timothy Fariss & Bryan Scotton; Allen Blehl, Christian Frank, Joe Muir. ***Expectant Mothers:*** Soňa Halik, Michelle West.

EXTENDED HOURS FOR CONFESSIONS: Saturdays immediately following Divine Liturgy, Sundays during Matins (*if the Gospel Book is on the tetrapod, Father is available; stand by the iconostas to be noticed*); or following Divine Liturgy at the Chapel. Confessions may also be arranged by appointment.

VIČNA LAMPA DEDICATIONS: *March 20 – April 2:* At the Cathedral: +Anna and Joseph Napovier by the Weinbrecht Family (*correction*). At the Chapel: +Michael & Dolores Hrina by Joyce, Michael & Richard Kozlowski. Dedications \$20.00 for two weeks.

OUR FOOD PANTRY always needs cereal, oatmeal, rice, beans, canned meats, tuna, canned veggies, peanut butter, grape jelly, canned fruit, hearty soups, mac and cheese, spaghetti and tomato sauce. You may leave donations in the Cathedral vestibule; at the Chapel, please place them in Fr. Jack's trunk.

EASTERN CHRISTIAN FORMATION FOR CHILDREN meets via Zoom on Saturdays at 10am (11am on All Souls' Saturdays). For information and to register contact: ecfpassaic@gmail.com.

OUR LENTEN FISH FRY IS BACK! Friday, April 8 at the Chapel Social Hall, 4:30 to 7pm. Adults: \$20. Children under 12: \$7. Eat in or take out. All homemade including a variety of Lenten soups! We need the help especially of our younger parishioners to set up, cook, serve and clean up. Anyone can be a customer. Be special: be a volunteer! Let Fr. Jack know you are willing to help.

YOUR SACRIFICIAL OFFERINGS FOR MARCH 20: \$2,117.00 (including \$440.00 in online donations).

IT TAKES \$7000.00 each week to fund all our operations. Factoring in the school lease, we need \$3750 in offerings each week. **MAKE YOUR SACRIFICIAL OFFERINGS ONLINE:** Go to www.stmichaelsarchangel.org, click on the "Donate" button, and be directed to a safe, encrypted site. All online donations are recorded for tax purposes.

THE FIFTH WEEK OF THE FAST is like an oasis on the last leg of the Lenten journey. This week, the Church proposes for us two of the most beautiful treasures in our Tradition. On Thursday, we pray the **Great Canon of Repentance** by St Andrew of Crete (died 726), which reviews the whole Bible to offer motivation for our own repentance. On Saturday, the Church sings the **Akathist Hymn to the Theotokos** (5th century), which assembles images from the Old and New Testaments to celebrate the central mystery of our faith: God became man and a Virgin was His mother. If you have never experienced these services, you really don't know the depth and richness of our Byzantine Tradition. ***Come out and worship! Inconvenience yourself, try something new and different. If it doesn't upset your routine, it's not the Fast!***

LENTEN DIRECTIVES FROM OUR BISHOP "Our Tradition is to abstain from meat after Meatfare Sunday and from dairy products after Cheesefare Sunday until Pascha. The minimum requirements in the Eparchy of Passaic are: All who receive Holy Communion are required to abstain from meat on Wednesdays and Fridays of the Great Fast. All adults who receive Holy Communion are required to abstain from meat, eggs, and milk products on Clean Monday, February 28 and Great and Holy Friday, April 15."

THE LAW OF THE CHURCH REQUIRES ALL CATHOLICS TO MAKE A SACRAMENTAL CONFESSION AND RECEIVE HOLY COMMUNION AT LEAST ONCE A YEAR. The Fast is the best time for that confession. Even before COVID, fewer than 30 parishioners were confessing in this parish. Even if it's been years, it's never too late to return like the Prodigal to the Father who loves us. Every Roman Catholic parish in the Diocese of Paterson makes confession available Mondays from 7:00 to 8:30pm during Lent. Confession hours for this parish are included in the Lenten schedule you received and on our website. **A guide to preparing for Confession is available in the vestibule at both locations.**

SUPPORT FOR THE CHURCH IN UKRAINE: In consultation with our Trustees, St Michael's Cathedral Parish and St Michael's Cemetery each made an offering of \$5,000.00. Gifts from parishioners, friends and followers of our live streams totaled \$12,900.00 Thank you for your spontaneous generosity!

TODAY! LISTENING SESSION AT THE CATHEDRAL. YOU HAVE BEEN INVITED BY POPE FRANCIS TO PARTICIPATE IN THE UNIVERSAL SYNOD to be convened in Rome next October. You have already received an explanation of the Synodal process and a list of discussion questions. You are invited to participate in the discussion of those questions following the 9am Divine Liturgy today in the Lower Hall. You may watch an introduction to the Synod by Dr. Joan Cebrick Grossman, our Eparchial Coordinator, here: <https://www.eparchyofpassaic.com/synod20212023>

NEWS FROM THE CATHEDRAL KITCHEN: PASKA: large raisin, small raisin, large plain, small plain will be baked **Saturday, April 9.** Deadline for orders is April 3. Cost is \$7 for large, \$4 for small. To order, text or call Vlasta Berry at [201-370-2656](tel:201-370-2656) or email vlasta.berry@gmail.com. Orders may be picked up **after 3pm** on Saturday.